

Dr. Andrea Purcell

“Increasing health on the inside
So it shines through to the outside”

AWARDS

Winner, Best of Costa Mesa for Alternative Medicine, 2011
Winner, Division 1 Speech Contest, Southern California Toastmasters
Nominated, Best of LA (KCAL-TV and KTLA-TV), Alternative Health
Care Provider

PUBLICATIONS

“Feed Your Cells, 7 Ways to Make Health Food Fast, Easy, and
Gluten Free”, Book published 2011
“Over 35 & Pregnant”, Book published 2016

MEDIA

Channel 12 News- Celiac Awareness Month Interview
Channel 3 Arizona Family – Healthy Hydration
Channel 7 News – Current Health Topics
CBS Channel 5 – Going Gluten Free
92.3 KTAR-FM radio

PUBLIC SPEAKING

Arizona State University
Scottsdale Healthcare Speakers Bureau
Celiac Disease Foundation Phoenix Chapter
Southwest College of Naturopathic Medicine
OC Saddleback Optimist Club- “Feed Your Cells” Gluten-Free Lecture
and Fundraiser
Scleroderma Foundation of Orange County
City of Hope, UC Irvine
Orange County African American Women’s Health Coalition
Page to Pantry radio show on Pacifica Radio (90.7FM Los Angeles &
98.7FM Santa Barbara)

PROFESSIONAL ASSOCIATIONS

Member, **American Association of Naturopathic Physicians**
Member, **The National Center for Homeopathy**
Member, **American Academy for Anti-Aging Medicine**
Member, **California Naturopathic Doctors Association**
Member of Public Affairs Committee
Member, **Arizona Naturopathic Medical Association**

LICENSURE & CERTIFICATIONS

Licensed by the **California Department of Consumer Affairs’ Bureau of Naturopathic Medicine** as a
Naturopathic Doctor in California
Licensed by the **State of Arizona’s Naturopathic Physicians Medical Board** as a Naturopathic Dr. in AZ
Certified by **T.S. Wiley** as a practitioner of Wiley Protocol
Certified by **Denis Wilson, MD** as a practitioner of Wilson’s Temperature Syndrome thyroid protocol
Certified by **Frank Shallenberger, MD** as a practitioner of Ozone Oxidative Therapy
Certified by **Peter D’Adamo, ND** as a practitioner of Blood Type diet

EDUCATION

Doctorate degree, Southwest College of Naturopathic Medicine, Tempe, Arizona, 2002
Bachelors of Science degree, Environmental Science with an emphasis in Public Health University of
Massachusetts, Amherst, 1996



CONTACT INFORMATION:

Dr. Andrea Purcell

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A trusted and well-respected naturopathic health care provider, Dr. Andrea Purcell has been in private practice for fifteen years in Costa Mesa, California and Phoenix, Arizona. As founder of Portal to Healing Naturopathic Clinic, Dr. Purcell has spearheaded the full scope naturopathic medical practice, providing primary care natural medicine to women and their families.

Recognized as a knowledgeable expert on hormones, digestion, mystery illnesses and weight concerns, Dr. Purcell regularly appears on radio and television news stations to comment on health. The most recent appearances include CBS channel 5, AZTV channel 7, Today Show on Phoenix channel 12, AZ Family channel 3, and 92.3 KTAR-FM radio. She is also a regular on Fox Channel 10 in Phoenix commenting on health topics in the news. Dr. Purcell has appeared as a guest speaker at Arizona State University, Honor Health, City of Hope, and the Scleroderma Foundation. She participates in panel discussions for organizations including the Orange County African American Women’s Health Coalition, and is a past participant of the Medical Advisory Board for the Celiac Disease Foundation of Greater Phoenix.

Dr. Purcell has also written and published articles on a variety of health and nutrition related subjects which have appeared in OC Health, Healthy Times, Green Living, Natural Awakenings, Nutricula Magazine and others, and is the author of 2 best selling books: *Feed Your Cells*, *7 Ways to Make Health Food Fast, Easy, and Gluten Free* and *Over 35 and Pregnant*. Educating women about their health and empowering them to lead healthier, more fulfilling lives is at the core of Dr. Purcell’s naturopathic practice.

Dr. Purcell is a certified practitioner of the Blood Type Diet, the Wiley Protocol, Ozone Oxidative Therapy and Wilson’s Temperature Syndrome thyroid protocol, and is recognized as a metabolic specialist in anti-aging. She is a member of the American Association of Naturopathic Physicians, the California Naturopathic Doctors Association, the Arizona Naturopathic Medical Association, the National Center for Homeopathy and the American Academy for Anti-Aging Medicine. She is a founding board member of Live Fit Revolution non-profit organization and sits on the board of the Gluten Intolerance Group of Greater Phoenix.

Dr. Purcell assists her patients by identifying the underlying cause of disease and removing obstacles that impede the body's natural ability to heal. Drugs and surgery are used as a last resort. Dr. Purcell takes a look at the whole body, emotion and diet and constructs these pieces together into a plan that the patient can easily follow. She believes that increasing health on the inside shines through to the outside.



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